The Spectrum Of Associated Congenital Anomalies in Disorders of Sex Development: A Review of the I-DSD Registry

Kathryn Cox1; Jillian Bryce1; Jipu Jiang1; Martina Rodie1; Richard Sinnott2; Mona Alkhawari3; Wiebke Arlt4; Laura Audi5; Antonio Balsamo6; Silvano Bertelloni1; Martine Cools2; Feyza Darendeliler2; Stenvert Drop1; Mona Ellaihi7; Olaf Hiort8; Paul-Martin Holterhus9; Ieuan Hughes10; Lidka Lisa11; Yves Morel9; Olle Soder12; Peter Wieacker13; S. Faisal Ahmed1
1University of Glasgow; 2University of Melbourne; 3Amir Hospital, Kuwait; 4University of Birmingham; 5 Vall d’Hebron Research Institute, Barcelona; 6University of Bologna; 7University Hospital Pisa; 8University Hospital Ghent; 9Istanbul University; 10Sophia Children’s Hospital / Erasmus MC, Rotterdam; 11University of Kanto; 12University of Lübeck; 13University Hospital Schleswig Holstein, Kiel; 14University of Cambridge; 15Institute of Endocrinology, Prague; 16Hospices Civils de Lyon; 17Karolinska Institutet; 18Westfalian-Wilhelms University, Münster

Introduction
I-DSD is an international registry of cases with a Disorders of Sex Development (DSD). Information can be reviewed online in a non-identifiable format by clinicians and researchers worldwide. This sharing of data facilitates research into the aetiology of these individually rare conditions, as well as their long-term outcome. The finding of associated anomalies in DSDs may indicate disruption of specific developmental pathways, targeting further research into causes. There is scarce information on the range of anomalies that may be associated with DSD.

Aims
To discover the frequency of specific associated anomalies in DSD, and to identify patterns of frequent anomalies within specific conditions.

Methods
Data were extracted from the I-DSD registry as at September 2012. At this point there were 1050 cases submitted by registered clinicians from 20 centres in 14 different countries. In 649 (62%) cases there was a sufficient level of consent to allow sharing of data. Where information was unclear or incomplete the reporting clinician was contacted to obtain further information.

Results
Of 649 cases, congenital anomalies occurred in 173 (27%); 107 (62%) cases had one anomaly and 66 (38%) had two or more anomalies. Associated anomalies are most frequently reported in Non-specific XY DSD (49% of cases) and Disorders of gonadal development (41%). (Figure 1). Within the cases with non-specific XY DSD 19% of cases were reported to be small for gestational age, 12% had cardiac abnormalities and 9% had conditions affecting the central nervous system.

Conclusion
Associated anomalies are encountered frequently in a wide range of cases of DSD. These include monogenic conditions such as Androgen Insensitivity Syndrome which are generally thought solely to affect sex development. Anomalies are more frequently encountered in 46XY than 46XX DSD. As previously reported, SGA is frequent in 46XY DSD, but infrequent in 46XX DSD. In cases of 46XX skeletal and renal anomalies are most common. These findings provide a direction for further study of genetic and environmental causes of DSD.

Figure 1: Relative frequency of anomalies according to disorder type

Figure 2: Frequency of anomalies according to karyotype

The majority of cases on the I-DSD registry are 46XY (71%). Associated anomalies occurred with similar frequency in 46XY DSD (25%) and 46XX DSD (26%). (Figure 2). The range and distribution of associated anomalies differed substantially between cases of 46XY and 46XX DSD (Figure 3).

Figure 3: Range of anomalies differs between 46XY and 46XX DSD

Anomalies are also reported in conditions thought to involve isolated DSD such as androgen insensitivity syndrome. In the presence of confirmed androgen receptor mutations 10 cases had associated anomalies, most commonly skeletal (2) and renal (2). See Table 1.

Table 1: AR mutation status in cases with associated anomalies

<table>
<thead>
<tr>
<th>AR mutation status</th>
<th>CAIS</th>
<th>PAIS</th>
</tr>
</thead>
<tbody>
<tr>
<td>AR mutation present</td>
<td>7</td>
<td>3</td>
</tr>
<tr>
<td>AR mutation absent</td>
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<td>-</td>
</tr>
<tr>
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<td>1</td>
<td>7</td>
</tr>
<tr>
<td>Total</td>
<td>9</td>
<td>10</td>
</tr>
</tbody>
</table>

AR: Androgen Receptor; CAIS: Complete Androgen Insensitivity Syndrome; PAIS: Partial Androgen Insensitivity Syndrome