

# Osteocalcin - More than a bone marker

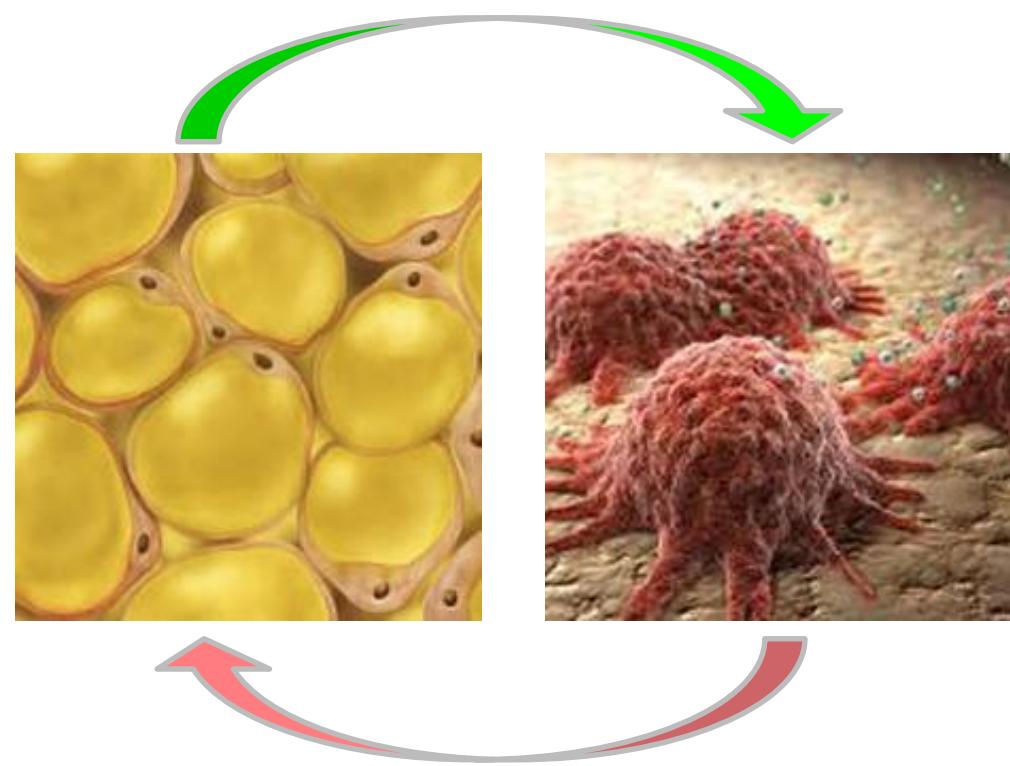
P750

OUE  
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The Odense Androgen Study  
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## Background



Adipocytes affect bone  
(leptin, neuronal pathways)

Karsenty et al. Cell Metab. 2006

Thus (by principle of feed back loops)

Bone must affect adipocytes

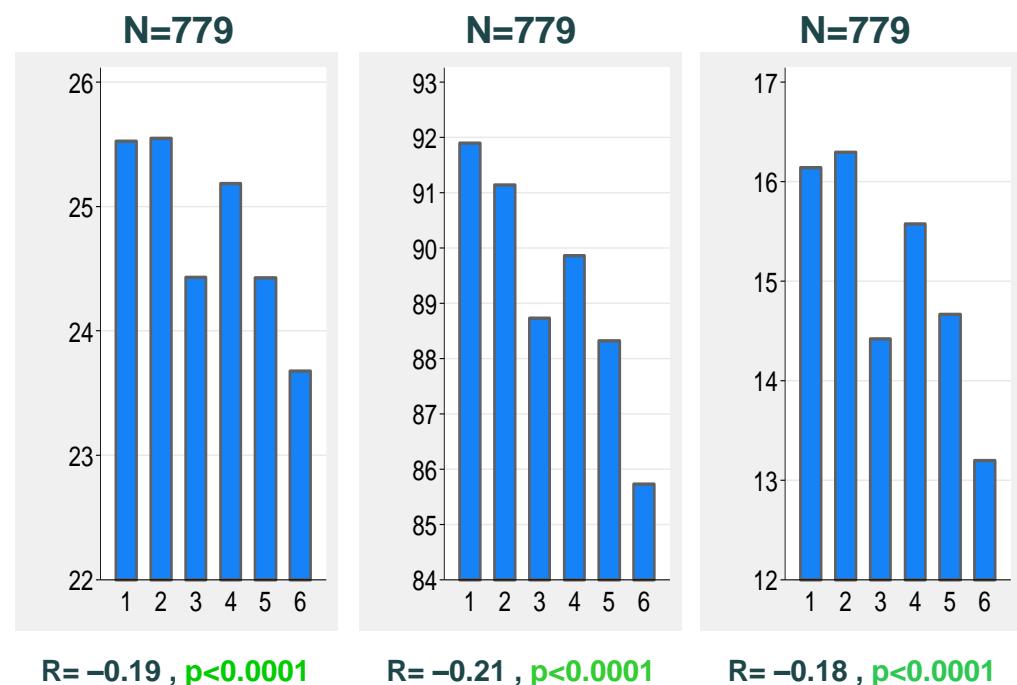
Lee et al, Cell. 2007 & Kindblom et al, JBMR. 2009

## Objectives

To examine the relationship between osteocalcin and regional fat depots

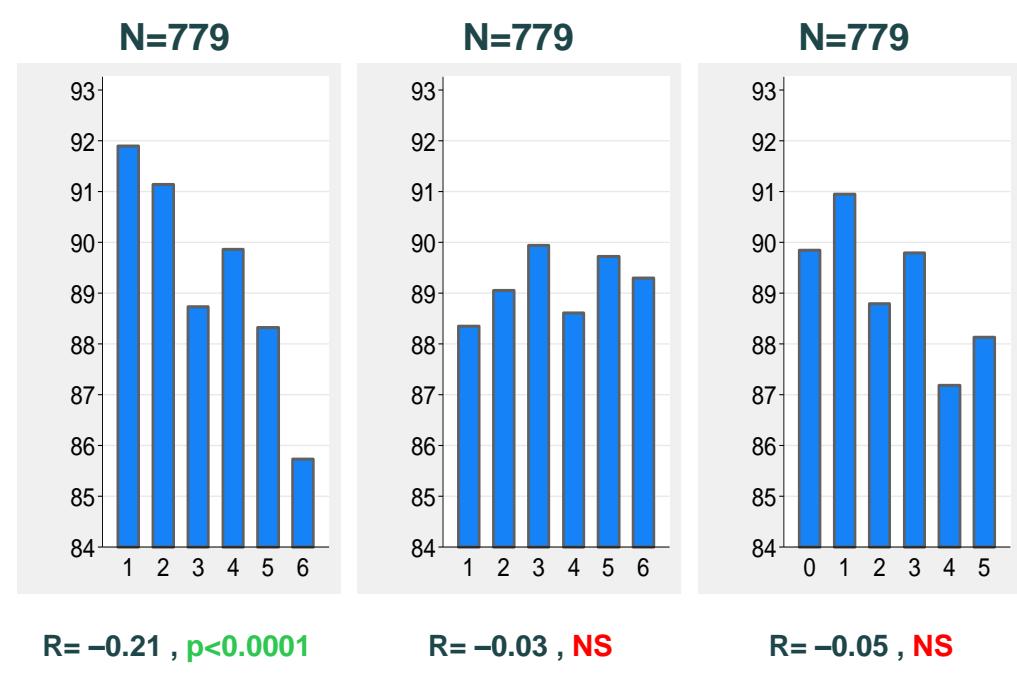
## Results

### Osteocalcin vs. BMI, waist, and fat mass



OSTEOCALCIN IN SIXTILES ON X-SCALE

### All bone markers vs. waist



OSTEOCALCIN

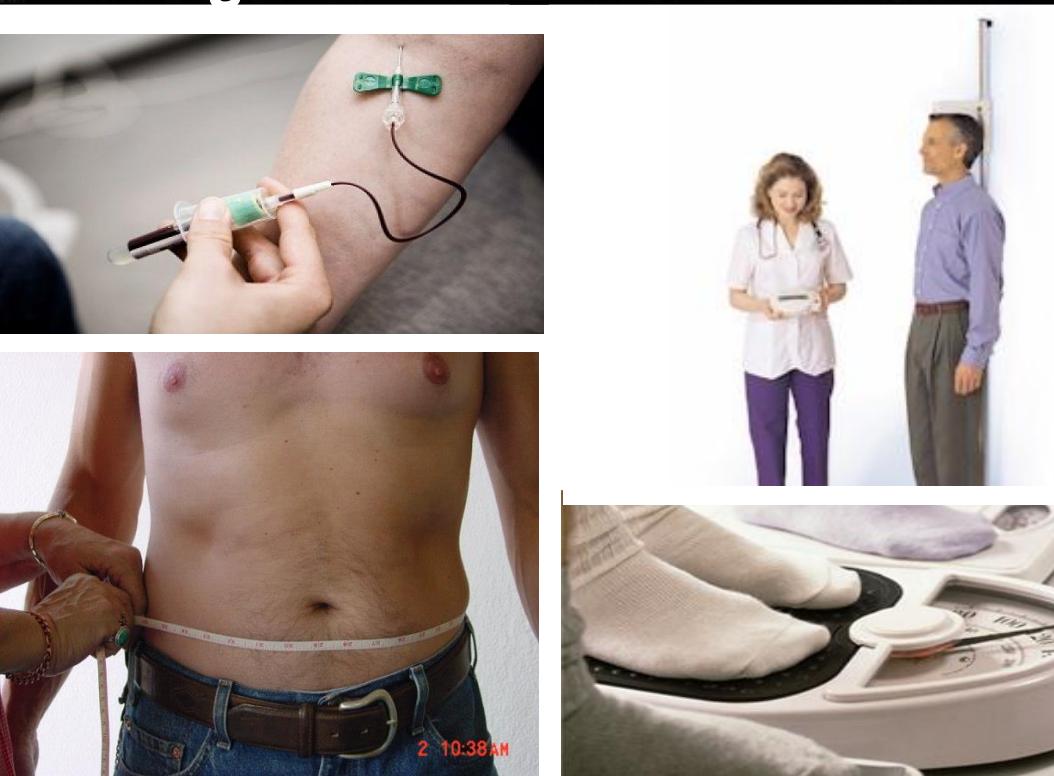
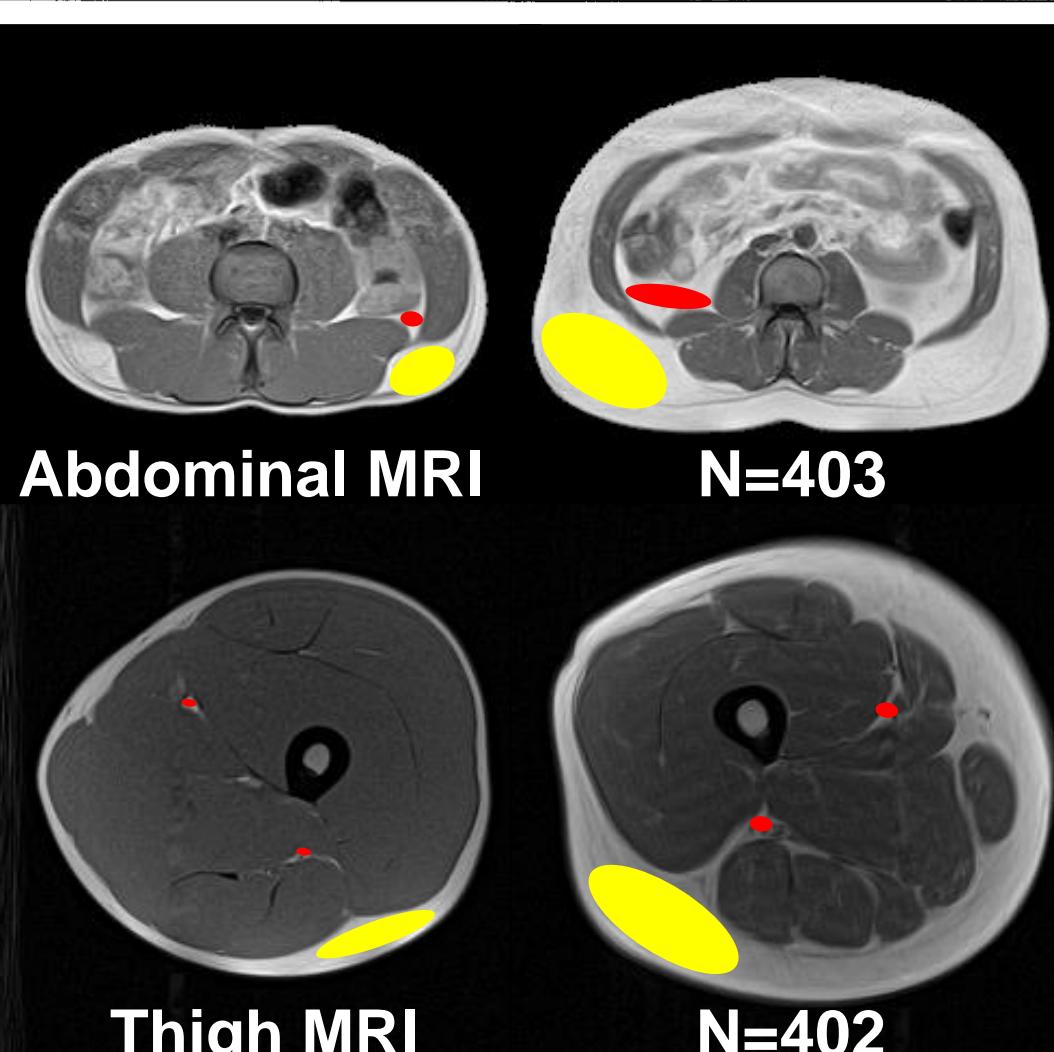
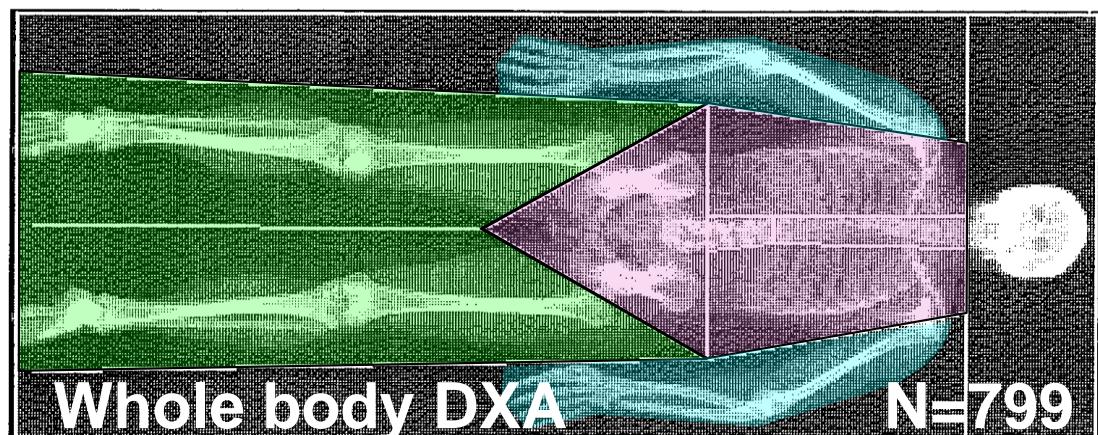
bs-ALP

1CTP

## Methods

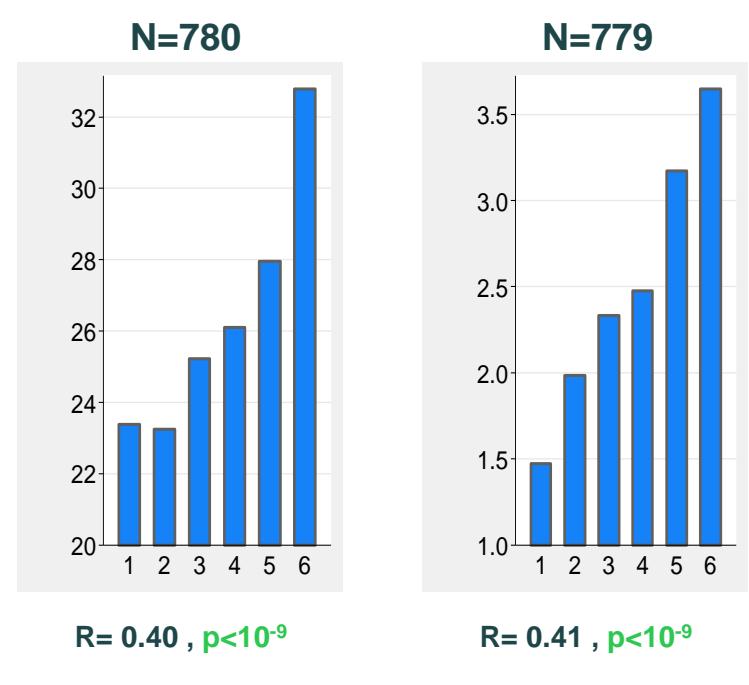
The Odense Androgen Study:  
population-based, cross-sectional study.  
779 men aged 20-29 years

Nielsen et al, JCEM. 2007



## Results

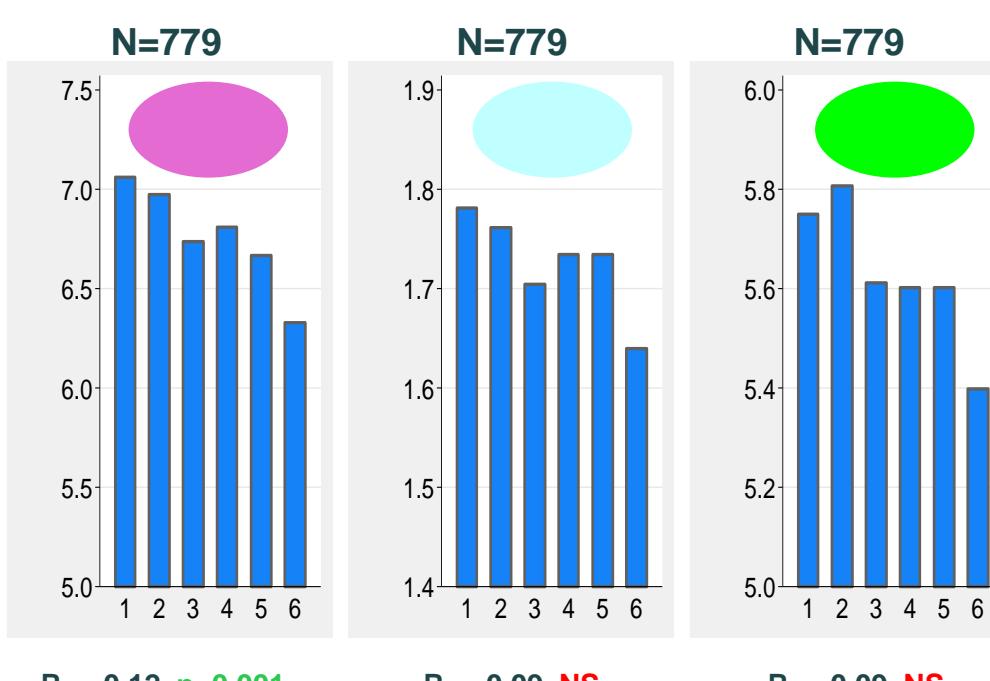
### Osteocalcin vs. bs-ALP and 1CTP



OSTEOCALCIN IN SIXTILES ON X-SCALE

## Results

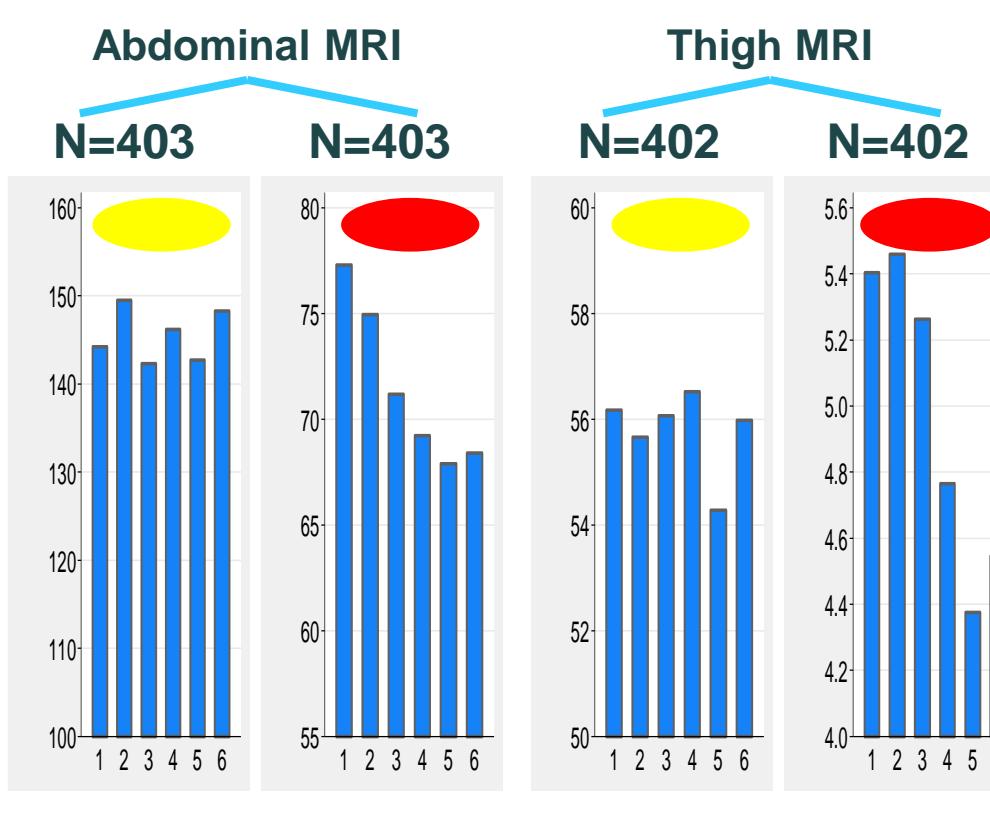
### DXA fat parameters - adjusted



R= -0.12, p=0.001 R= -0.09, NS R= -0.09, NS

### OSTEOCALCIN IN SIXTILES ON X-SCALE

### MRI fat parameters - adjusted

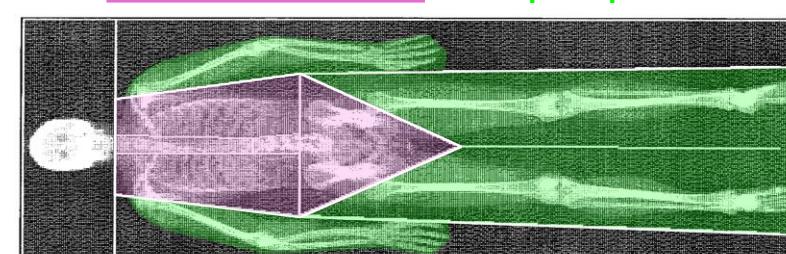


R= 0.02, NS R= -0.19, p<0.001 R= -0.002, NS R= -0.16, p=0.001

### OSTEOCALCIN IN SIXTILES ON X-SCALE

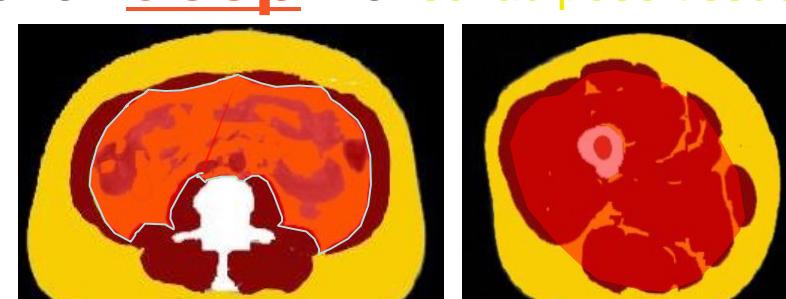
## Conclusions

Associations: central fat vs. peripheral fat

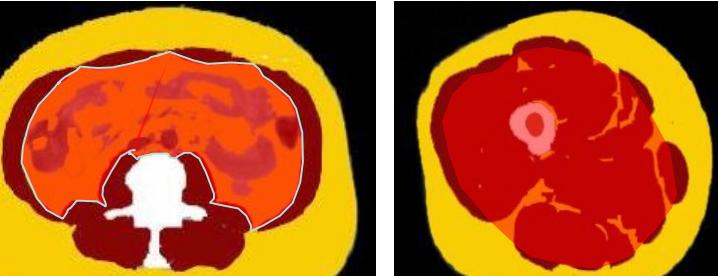


### DXA:

Associations: deep vs. sc. adipose tissue



### MRI:



## References

1. Karsenty et al, Cell Metab. 2006
2. Lee et al, Cell. 2007
3. Kindblom et al, JBMR. 2009
4. Nielsen et al, JCEM. 2007