

# OCCURRENCE OF LIVER FAILURE IN POST-SURGERY HYPOPITUITARIC PATIENTS

**EP-1220** 



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## INTRODUCTION

Multiple pituitary hormone deficit and hypothalamic obesity are common complications after childhood brain tumors surgery.

Despite adequate replacement hormone therapy, obesity develops equally, but liver failure is not usually described.

#### **OBJECTIVES**

We described four cases of cirrhosis, occurred in panhypopituitaric children previously undergone brain tumor surgery.

#### **METHODS**

We studied four subjects referred to our Unit at 19, 23, 23 and 31 years old.

They had undergone surgery for brain tumors involving the peri-hypothalamic area when they were nursing or as youths. One of these patients had a pilocytic astrocytoma, two had a craniopharyngioma, and the last a third ventricle germinoma.

All patients developed panhypopituitarism, but only two had taken adequate hormone replacement therapies since brain damage. In the other two subjects adequate hormonal replacement therapy was started when they came to our observation.

| PATIENTS  | 1                      | 2                           | 3             | 4                      |
|---|------------------------|-----------------------------|---------------|------------------------|
| Sex   | M                      | F                           | F             | F                      |
| Type of cranial tumor                             | Astrocytoma            | Cranio-<br>pharyngioma      | Germinoma     | Cranio-<br>pharyngioma |
| Number of chirurgical operations                  | 1                      | 4                           | 1             | 1                      |
| Age of brain surgery                              | 9 months               | 6, 7, 11<br>and 17<br>years | 9 years       | 20 years               |
| Radiotherapy (RT)/<br>chemotherapy (CT)           | none                   | none                        | RT+CT         | none                   |
| Age starting adequate hormone replacement therapy | 19 years               | 6 years                     | 9 years       | 31 years               |
| Age of steatosis onset                            | -                      | 21 years                    | 16 years      | -                      |
| Age of cirrhosis onset                            | 19 years               | 23 years                    | 18 years      | 31 years               |
| Age of arrival to our Operative Unit              | 19 years               | 23 years                    | 23 years      | 31 years               |
| BMI at arrival to our Operative Unit              | 39.2 kg/m <sup>2</sup> | 46.6 kg/m <sup>2</sup>      | 27.1<br>kg/m² | 45.8 kg/m <sup>2</sup> |

## RESULTS

After brain surgery, all patients developed obesity (BMI 39.2-46.6 Kg/m2) or overweight (BMI: 27.1).

The two patients immediately adequately treated for hypopituitarism after surgery, developed a fatty liver when they were 16 and 21 years old. In both cases, steatosis progressively evolved into cirrhosis after two years. One of these patients also developed a hepatic-pulmonary syndrome and underwent liver transplant at the age of 25 years.

In the two patients with inadequate or absent hormone replacement therapy, a diagnosis of cirrhosis was concomitant with the first appropriate endocrinological care during hospitalization for liver failure.

### CONCLUSIONS

The analysis of these four cases shows that pediatric peri-hypothalamic surgery may be associated with very severe hepatic clinical features, induced by mechanisms not yet known, regardless of hormone replacement therapy. It is therefore very important to start a careful follow-up of these patients from childhood for early detection of possible liver failure.

## References

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