

# PRESENCE AND CLINICAL-HISTOLOGICAL CORRELATES OF GHRELIN AND SOMATOSTATIN SYSTEMS COMPONENTS IN GASTROENTEROPANCREATIC NEUROENDOCRINE TUMORS AND LUNG CARCINOIDS

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## BACKGROUND

Neuroendocrine tumors (NETs) are uncommon neoplasms with increasing incidence and limited therapeutic options. Alterations in somatostatin (SST)/cortistatin (CORT) and ghrelin systems have been associated to development/progression of several cancers.

## MATERIALS AND METHODS

Observational retrospective study. Formalin-fixed paraffin-embedded samples were used to determine the mRNA expression of ghrelin and SST/CORT systems components by qPCR, using adjacent non-tumoral and normal tissues control.

## RESULTS

### Demographic, epidemiological, clinical and pathological characteristics of the cohorts of patients

Table 1: Demographic and clinical characteristics of the two cohorts of patients

	GEP-NETs	Lung-NETs
n (patients)	90	81
Sex (% male)	53,3	50,6
Mean age (years)	54±17	54±15
Incidental diagnosis (%)	37,7	19,2
Functioning tumors (%)	34,4	7,5
Metastasis at diagnosis (%)	46,5	25
Mortality rate (%)	34,1	19,4

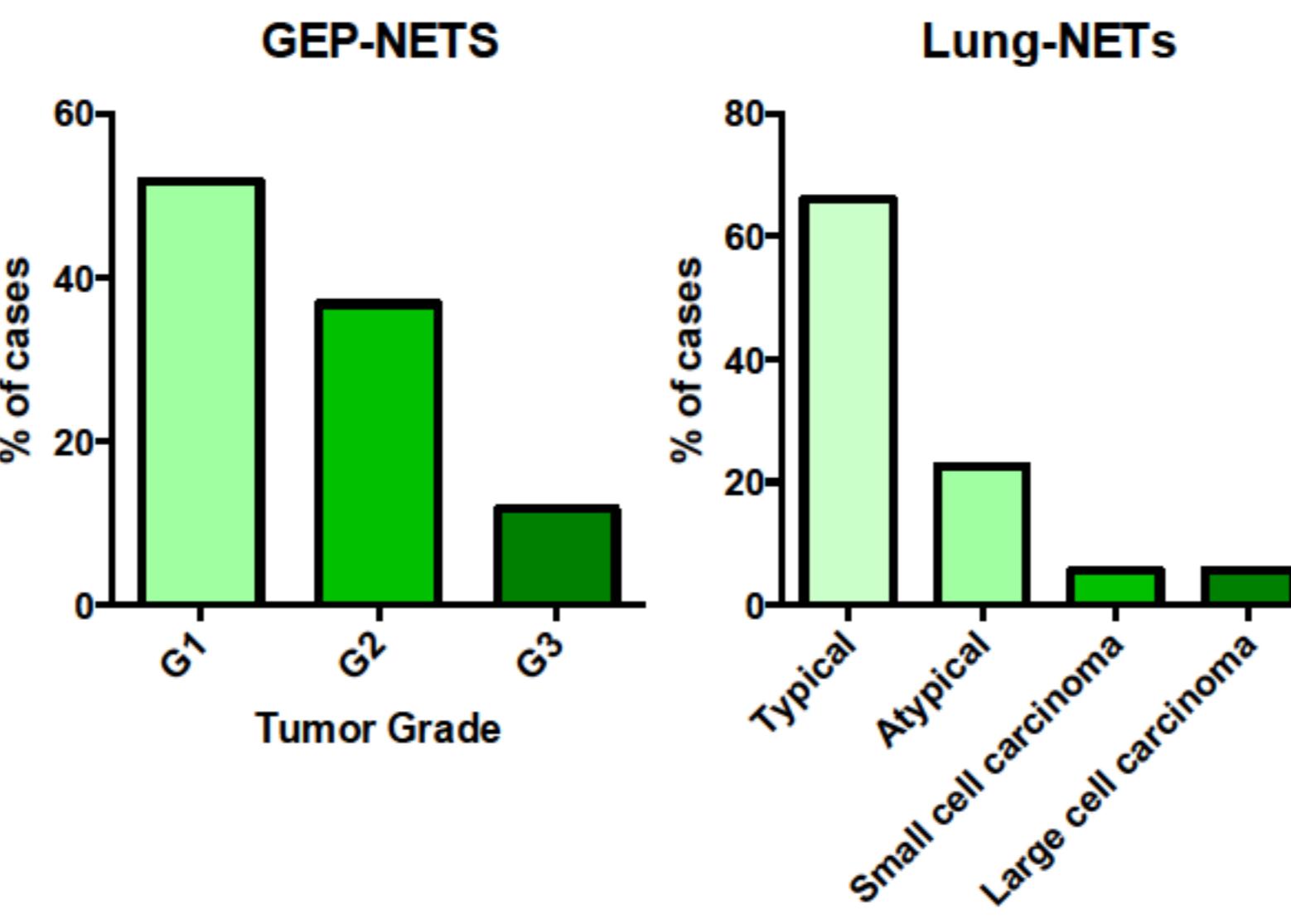


Figure 1: GEP-NETs and Lung-NETs classification. For GEP-NETs the ENETS and WHO classification was used. For Lung NETs the WHO classification was used.

### The expression of certain SST/CORT and ghrelin system components was associated to epidemiological parameters in GEP-NETs.

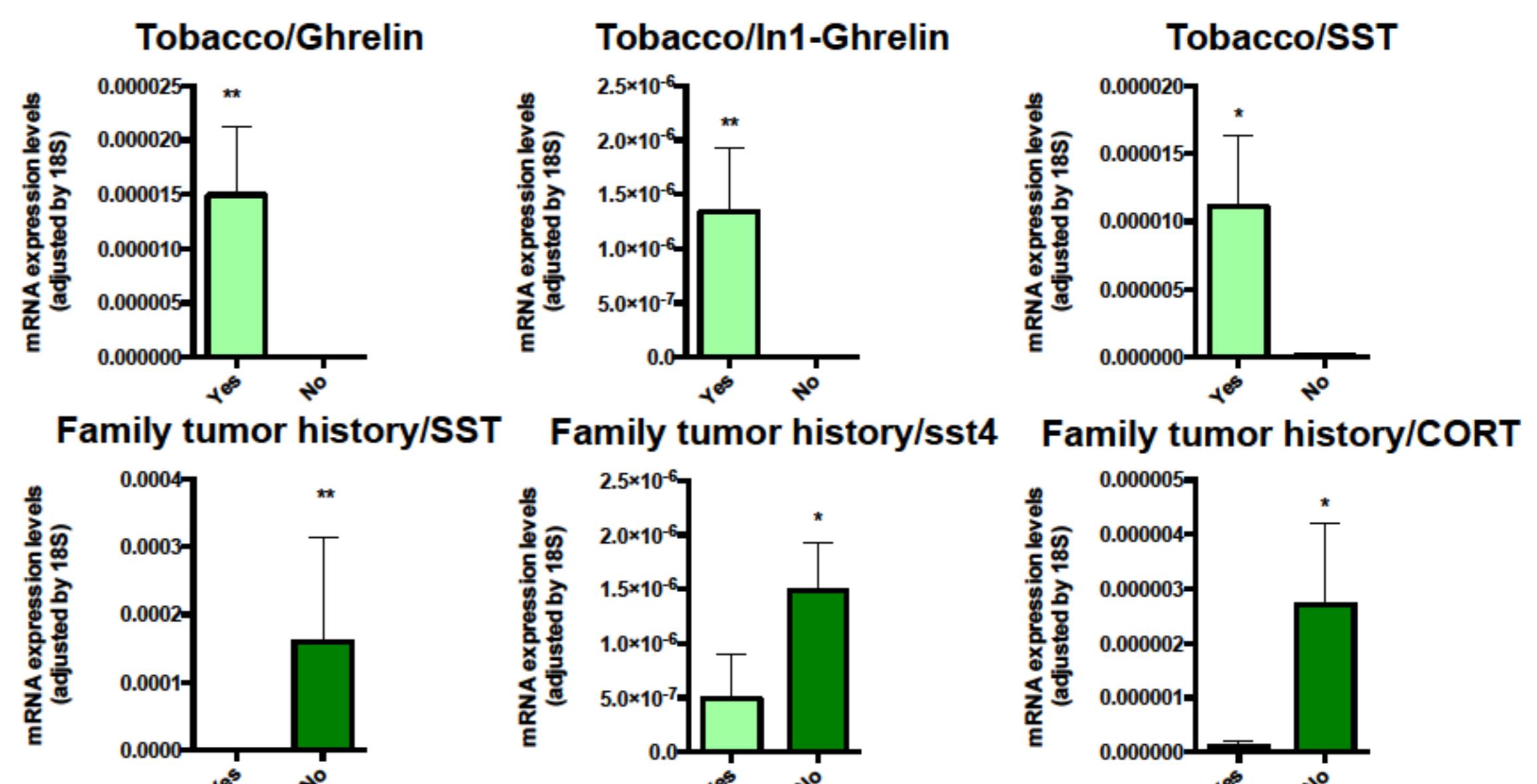


Figure 6: Correlations between epidemiological and molecular parameters in GEP-NETs. Asterisks (\*, p<0.05; \*\*, p<0.01) indicate significant associations by U Man-Whitney test.

### The expression of certain SST/CORT and ghrelin system components was associated to clinical and histological parameters in GEP-NETs.

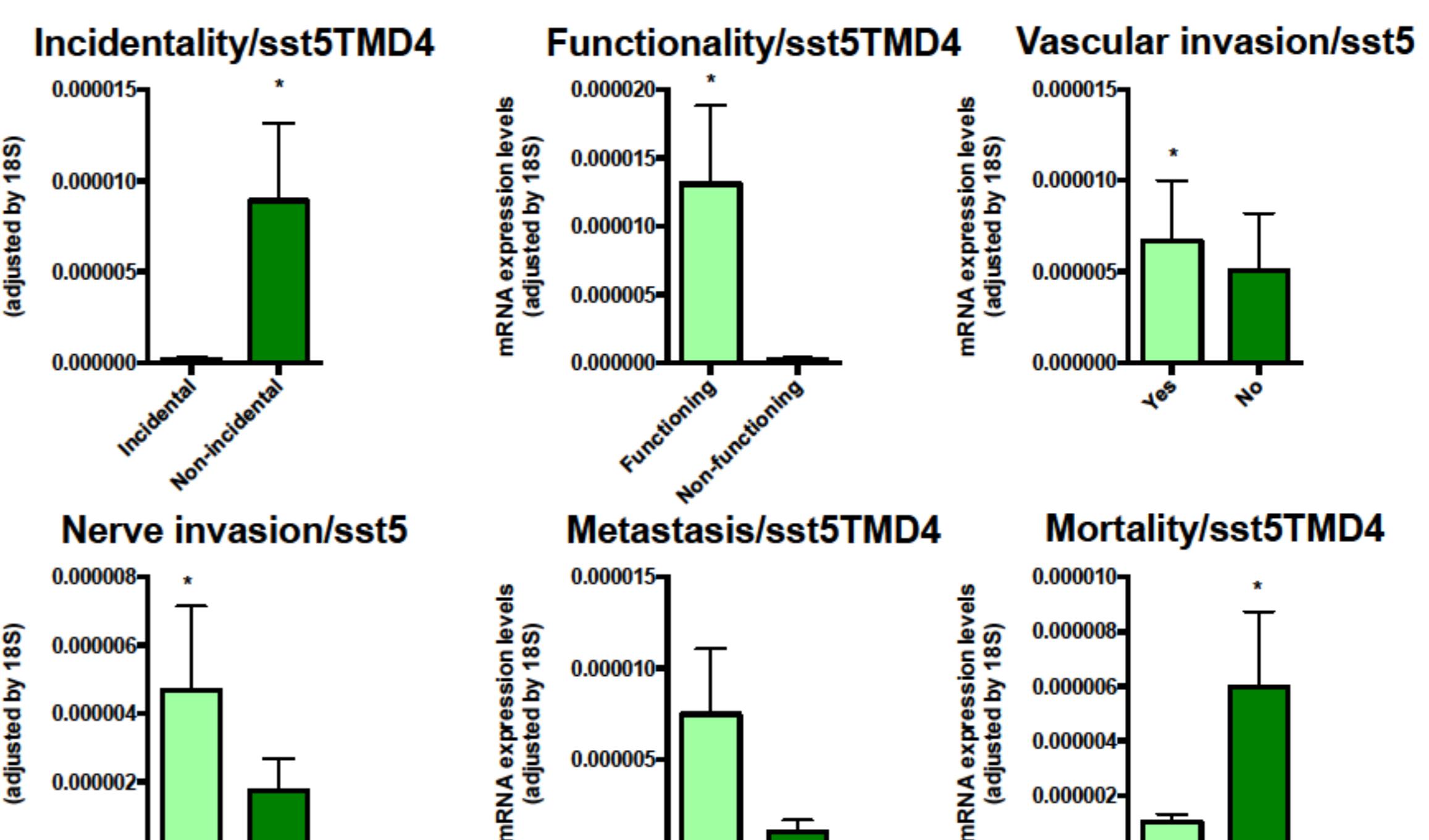


Figure 7: Correlations between clinical, histological and molecular parameters in GEP-NETs. Asterisks (\*, p<0.05; \*\*, p<0.01) indicate significant associations by U Man-Whitney test.

### The expression of certain SST/CORT and ghrelin system components was associated to epidemiological, clinical and histological parameters in lung-NETs.

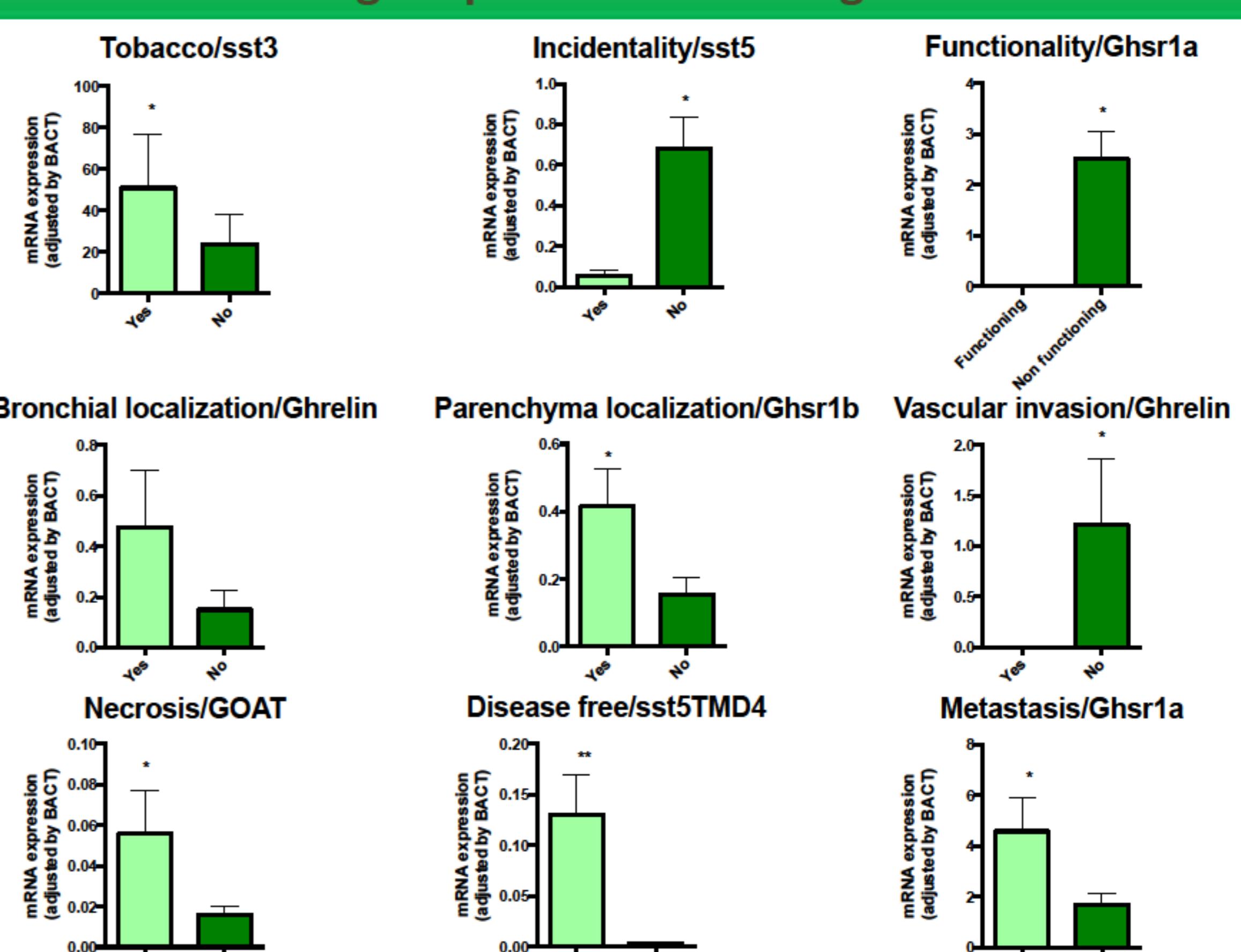


Figure 8: Correlations between epidemiological, clinical, histological and molecular parameters in Lung-NETs. Asterisks (\*, p<0.05; \*\*, p<0.01) indicate significant associations by U Man-Whitney test.

### The expression levels of the components of the SST/CORT system family are drastically altered in NETs, showing a relatively similar pattern of dysregulation in GEP-NETs and lung-NETs.

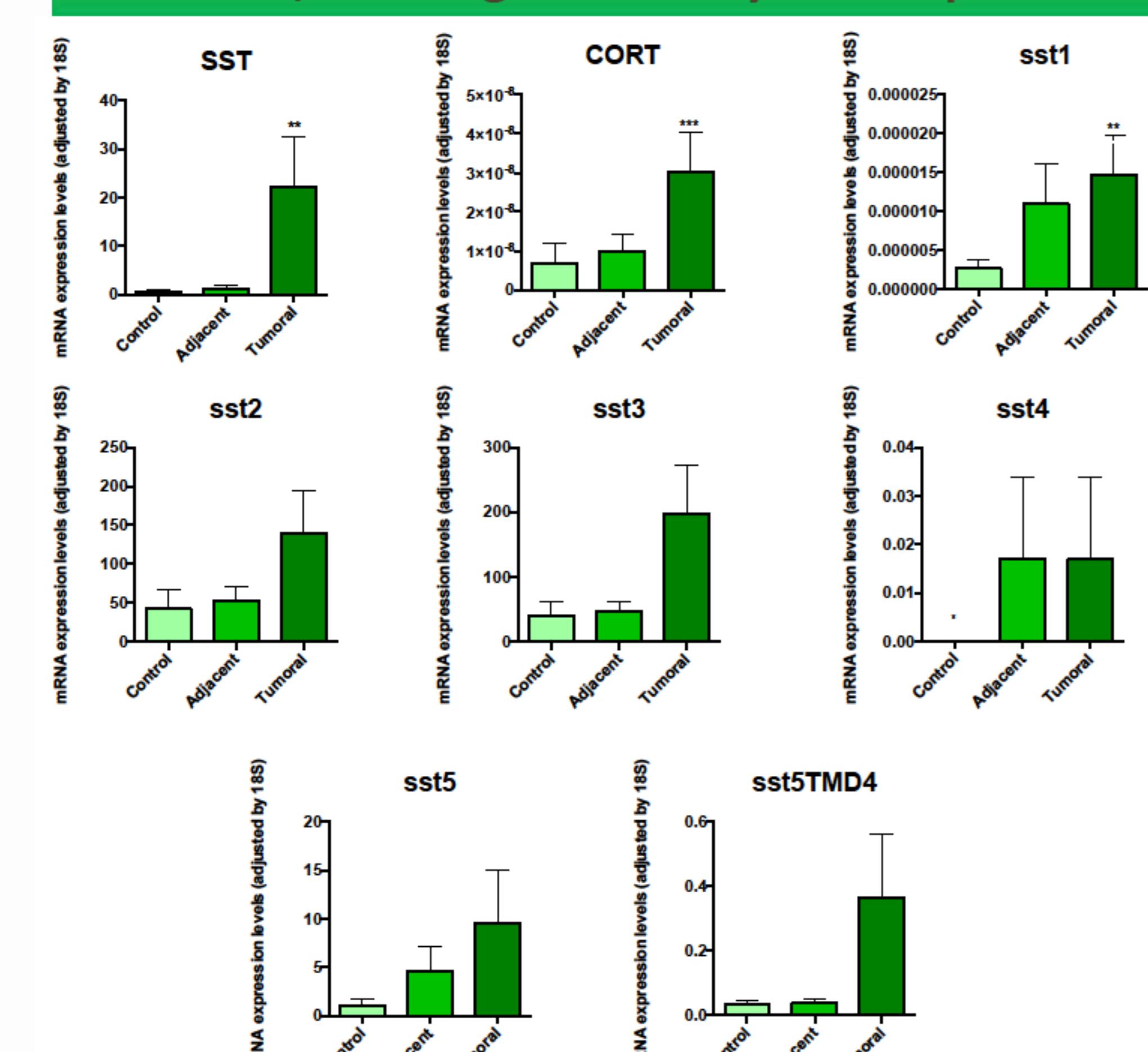


Figure 4: SST/CORT system components expression in GEP-NETs. SST, CORT and some ssts were overexpressed in tumor samples compared to adjacent and control tissue. Data represent the mean±SEM. Asterisks (\*, p<0.05; \*\*, p<0.01; \*\*\*, p<0.001) indicate significant alterations by one-way Anova.

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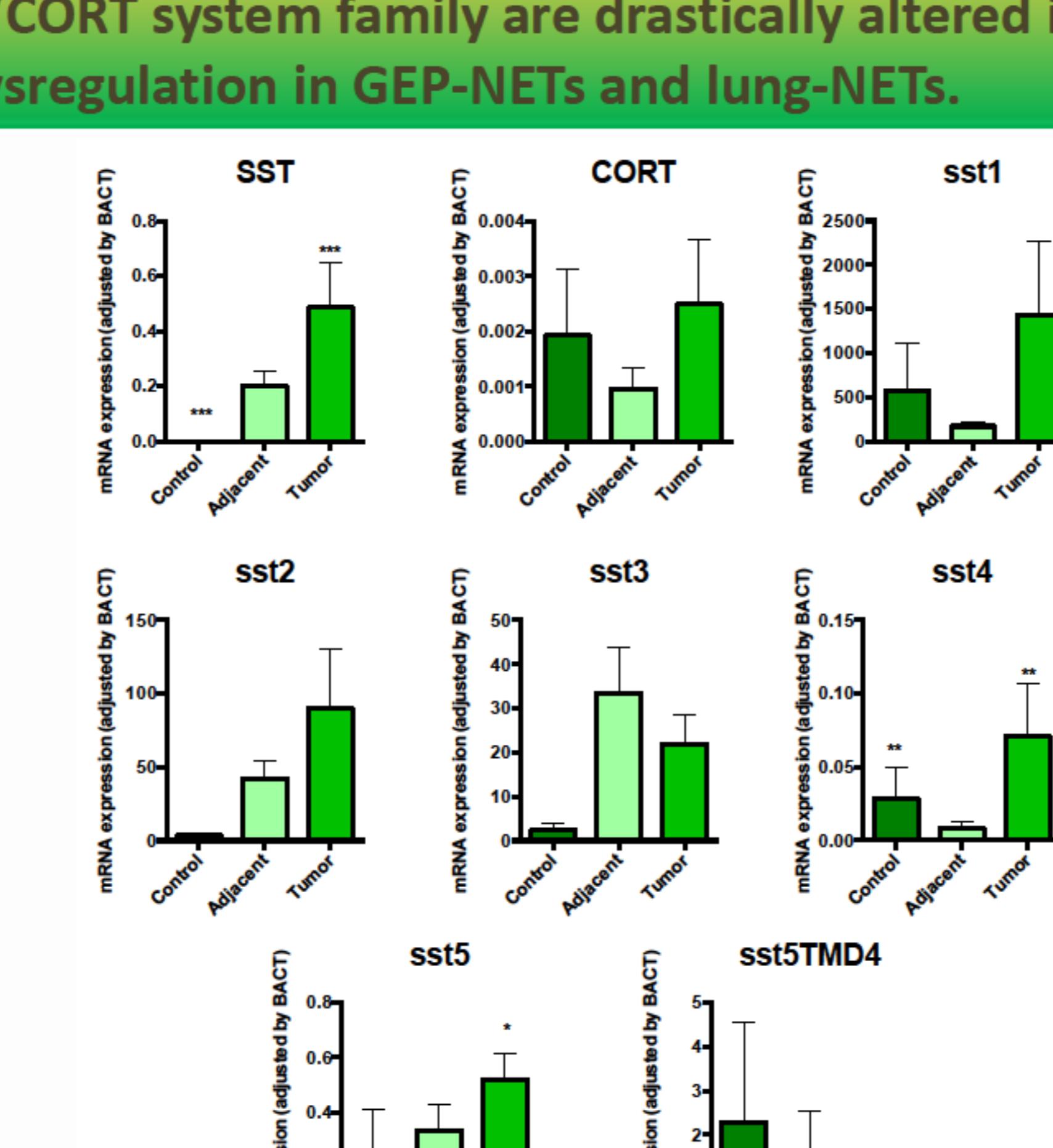


Figure 5: SST/CORT system components expression in Lung-NETs. SST and some receptors were overexpressed in tumor samples compared to adjacent and control tissue. Data represent the mean±SEM. Asterisks (\*, p<0.05; \*\*, p<0.01; \*\*\*, p<0.001) indicate significant alterations by one-way Anova.

**CONCLUSIONS:** Our results reveal a notably widespread expression of key SST/CORT/ghrelin systems components in GEP-NETs and LC, where they display clinical-histological correlates.

Specific SST/CORT/ghrelin systems components could provide novel, valuable markers for NET patient management.