

Unusual Presentation of Primary Hyperparathyroidism with Coexisted Thyroid Carcinoma

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Introduction

Brown tumor is a rare benign bone lesion with incidence ranging from 1.5% in primary hyperparathyroidism to 13% in secondary hyperparathyroidism. Common sites of involvement are pelvis, femur and ribs, but may appear in any bone. Since the incidence of thyroid disease is higher among patients with hyperparathyroidism than the general population, these lesions must be distinguished from metastases from thyroid carcinoma.

We present a patient with a complex clinical picture of primary hyperparathyroidism with multiple destructive skeletal lesions suspicious of bone metastases and concomitant multifocal papillary thyroid carcinoma with a metastatic central lymph node.

Case report

A 38-year old male presented with progressively worsening right hip pain and restricted motion. MRI revealed multiple lytic bone lesions suggestive of brown tumors, but also suspicious for metastases (Fig 1). Biochemical tests were consistent with primary hyperparathyroidism. Neck ultrasound and parathyroid scintigraphy revealed a single parathyroid adenoma and a thyroid nodule, preoperative cytology of which confirmed papillary thyroid carcinoma, as did the final surgical specimen (Fig 2). Biochemical results, regarding hyperparathyroidism, declined to normal levels and his complaints gradually decreased after surgery. Postoperative whole body bone scintigraphy showed increased tracer uptakes at multiple sites (Fig 3). However, post-RAI whole body scan and FDG PET/CT did not exhibit an abnormal uptake throughout the skeletal system, which proved these osteolytic lesions to be metabolically inactive (Fig 4).

Conclusion

Although the guidelines do not consider primary hyperthyroidism a risk factor for thyroid carcinoma, several data suggest that this risk may be increased when compared to the general population. As the concomitant thyroid carcinoma is not uncommon among primary hyperparathyroidism patients, all patients who present with a thyroid nodule should undergo FNAB, even if sonographic features are not suspicious for malignancy.



Fig 1: demonstrated a hypointense lytic expansile mass lesion at the trochanter minor of the right femoral neck (arrow). Significant contrast enhancement in the mass lesion and some degree of soft tissues expansion was noted.

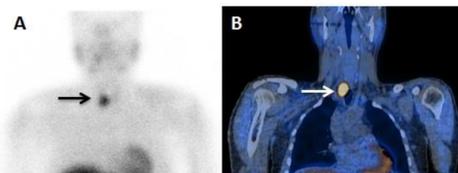


Fig 2: (A) and SPECT/CT coronal (B) images showed a focus of intense radiopharmaceutical uptake (arrow) just below lower pole of the right thyroid lobe.

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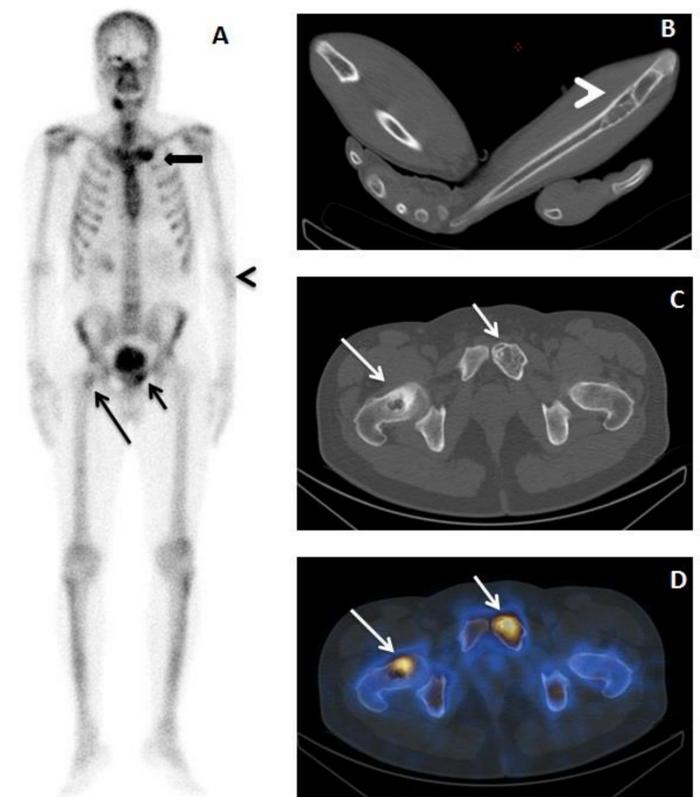


Fig 3: Postoperative whole body bone scintigraphy (A) showed increased tracer uptakes in left sternoclavicular joint (thick arrow), left proximal forearm (arrowhead), left pubic ramus (short arrow) and right femoral neck (long arrow). CT image of left ulna (B) revealed expansile lytic lesions with lamellar style septas, a finding suggestive of brown tumor (arrowhead). Axial CT (C) and SPECT/CT (D) images of pelvis demonstrated increased tracer uptakes with peripheral sclerosis at the right femoral neck (long arrow) and left pubic ramus (short arrow), all consistent with brown tumors.

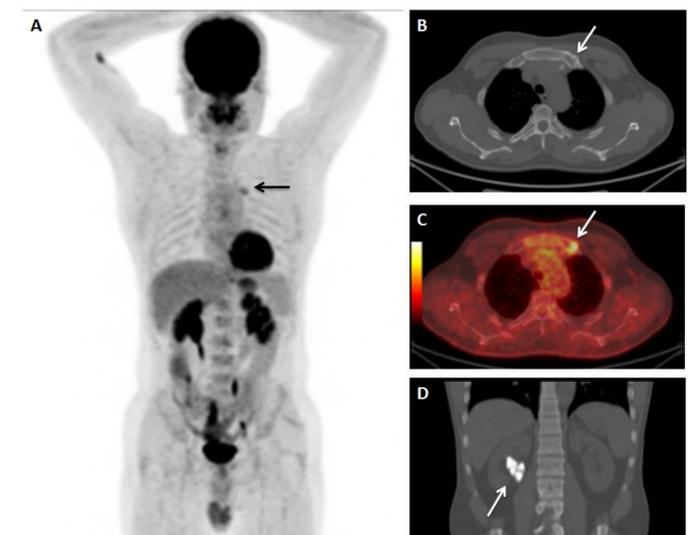


Fig 4: Maximum intensity projection (MIP) image of ¹⁸F-FDG PET/CT after parathyroidectomy (A) showed increased ¹⁸F-FDG uptake in the left sternoclavicular joint region (arrow), but no ¹⁸F-FDG uptake was noted in the other bone lesions. Axial CT (B) and axial fusion (C) images revealed increased ¹⁸F-FDG uptake in the left sternoclavicular joint suggestive of degeneration (arrow). The lytic lesion on the left side of sternum, which was previously thought as a brown tumor had no ¹⁸F-FDG uptake. All these lesions were confirmed to be metabolically inactive. Coronal CT (D) image demonstrated calculi in the right renal calyx probably caused by hyperparathyroidism (arrow).

