Effects of the tamoxifen on calcitonin producing thyroid C cells and bone in rat model of male osteoporosis

Branko Filipović, Jasmina Pantelić, Milica Manojlović-Stojanoski, Svetlana Trifunović, Nataša Nestorović, Florina Perčinić-Popovska, Branka Šošić-Jurjević

Institute for Biological Research, University of Belgrade, Belgrade, Serbia, brankof@ibiss.bg.ac.rs

Introduction

Sex steroids are important for the maintence of the female and male skeletons. Androgen deficiency is one of the major factor leading to the development of osteoporosis in men. Another important hormone involved in bone metabolism is calcitonin (CT). This potent hypocalcemic peptide, produced by thyroid C cells, contributes to calcium (Ca) homeostasis by direct inhibition of osteoclast-mediated bone resorption and output of Ca from skeletal tissues. Since CT is a potent antiresorptive agent In this study we investigated the effects of tamoxifen (TAM), as a selective estrogen receptor modulator on CT-producing thyroid C cells, skeletal and hormonal changes in middle-aged orchidectomized (Orx) rats as an animal model of male osteoporosis.

Materials and methods

Fifteen-month-old male Wistar rats were divided into Orx and a sham-operated (SO) groups. Two weeks after gonadectomy, one Orx group was injected subcutaneously (*s.c.*) with tamoxifen citrate (Orx+TAM; 0.03 mg/kg b.w.) for three weeks. The SO and second Orx group were treated *s.c.* with vehicle alone. A peroxidase antiperoxidase (PAP) method was applied for localization of CT in the C cells. The volumes of C cells (Vc) and their volume densities (Vv) were determined using the multipurpose M42 test system. An ImageJ public domain image processing program was used to measure bone histomorphometric parameters of the proximal tibial specimens. Blood serum samples were analyzed for CT and osteocalcin (OC), and urine samples for Ca concentration.



similar to the SO, with a lighter granular

cytoplasm compared with Orx.

Effects of Orx and tamoxifen treatment on trabecular



Trabecular bone of the proximal tibia in sham-operated (SO), orchidectomized (Orx) and orchidectomized rats treated with tamoxifen (Orx+TAM). Note reduced mass of blue-stained trabecular bone In Orx rats. TAM treatment prevented loss of trabecular bone; Azam method stain.

Trabecular bone histomorphometry

	B.Ar (%)	Tb.Th (µm)	Tb.N (mm)	Tb.Sp (µm)
so	12.95±0.74	35.80±0.10	3.62±0.21	242±18.50
Orx	6.25±0.25 •	28.69±1.26 •	2.94±0.04 •	308±10.25 •
Orx+TAM	13.33±0.78 *	37.05 ±1.95 *	3.70±0.10 *	233±10.00 *





The serum osteocalcin (OC) concentration; • p < 0.05 vs. SO and * p < 0.05 vs. Orx.

The urine calcium (Ca) concentration; • p < 0.05 vs. SO and * p < 0.05 vs.Orx.

Conclusion Androgen deficiency after Orx of male middle-aged rats affected thyroid C cell and reduced the synthesis and release of calcitonin. This was accompanied by a striking decrease in bone mass. Subsequent tamoxifen treatment in this rat model of male osteoporosis stimulated calcitonin secreting C cell activity. Additionally, this selective estrogen receptor modulator increased tibial trabecular bone mass and decreased bone turnover.

and * p < 0.05 vs.Orx.

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