Adrenal incidentaloma. Current situation in Lithuania


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Introduction.
Adrenal incidentaloma is an adrenal tumor incidentally discovered in the region of adrenals, usually investigating for non endocrine disease. Most of these compounds are benign adrenal adenomas. We attempted to find out the current situation of adrenal incidentaloma in Lithuania.

Conclusions.
1. From 2007 to 2011 cases of adrenal tumors increased twice.
2. In Lithuania incidence of adrenal incidentaloma depends on the availability of visual research methods.
3. The retrospective study has some defects, one of them is lack of information, so prospective study of adrenal incidentaloma at the national level is discussed.

Results

Referral diagnosis

Number of patients with adrenal tumor in 2007 and 2011 in Lithuania

Methods

Distribution of the diseases after detailed examination

Future plans: The prospective study of adrenal incidentaloma in Lithuania

The aim:
To evaluate the prevalence and characteristics of incidentaloma in Lithuania.

Objectives:
• To evaluate the prevalence of incidentaloma in Lithuania
• To determine the dependence by age and gender, to assess the hormonal activity, the size of the tumor and to identify the most common complaints.