

# Impaired Insulin and IGF-2 signalling in the primordial growth disorder 3-M Syndrome

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## Introduction

- 3-M Syndrome is a rare autosomal recessive primordial growth disorder associated with a distinct facial appearance, prominent fleshy heels and minor skeletal abnormalities<sup>1</sup> (Fig. 1).
- Caused by mutations in *CUL7*, *OBSL1* and *CCDC8*<sup>2,3</sup>.
- In cells derived from patients with 3-M syndrome, Growth hormone and IGF-1 signalling and expression of IGF-2 and insulin receptor isoforms are all altered<sup>3-5</sup>.

In view of this altered growth factor signalling, we have investigated the activation of AKT by IGF-2 and Insulin.



Fig. 1 - Phenotypic features of 3-M syndrome

A) Fleshy tipped nose, prominent full lips, triangular shaped face and prominent forehead. B) Prominent fleshy heels (Images courtesy of Professor Peter Scambler, UCL Institute of Child Health, London)

## Method

- Fibroblasts were cultured from skin biopsies taken from 3 3-M patients (1 each with a *CUL7*, *OBSL1* or *CCDC8* mutation) and from normal controls.
- Sub-confluent cells were stimulated with 500ng/ml IGF-2 or 100ng/ml insulin for 0, 5, 15 and 60 minutes.
- Relative phosphorylation of AKT was assessed by western blotting and comparisons made both within and between cell lines.

## Conclusion

- Reduced AKT activation in response to IGF-2 and insulin stimulation mirrors that previously seen with IGF-1 although to a lesser extent.
- CCDC8*<sup>-/-</sup> cells were least affected, consistent with the clinical phenotype observed in these children.
- Diminished growth factor signalling could account for the growth failure in 3-M Syndrome, and may contribute to insulin resistance observed in children born small for gestational age.

## Results

- Relative pAKT was reduced in 3-M fibroblasts compared to normal cells when stimulated with either insulin ( $p = 0.048$ ) or IGF-2 ( $p = 0.033$ ) (Fig. 2).
- For both treatments, *CUL7*<sup>-/-</sup> and *OBSL1*<sup>-/-</sup> cells had a markedly lower activation of pAKT than did *CCDC8*<sup>-/-</sup> cells.
- CUL7*<sup>-/-</sup> cells had an earlier activation in response to insulin ( $p = 0.016$ ) than other cell types.
- After 60 mins Insulin stimulation, pAKT was 65-70% of normal in *CUL7*<sup>-/-</sup> and *OBSL1*<sup>-/-</sup> and 90% in *CCDC8*<sup>-/-</sup>.
- With IGF-2, pAKT at 60 mins was 70-80% of normal in all 3-M cells.

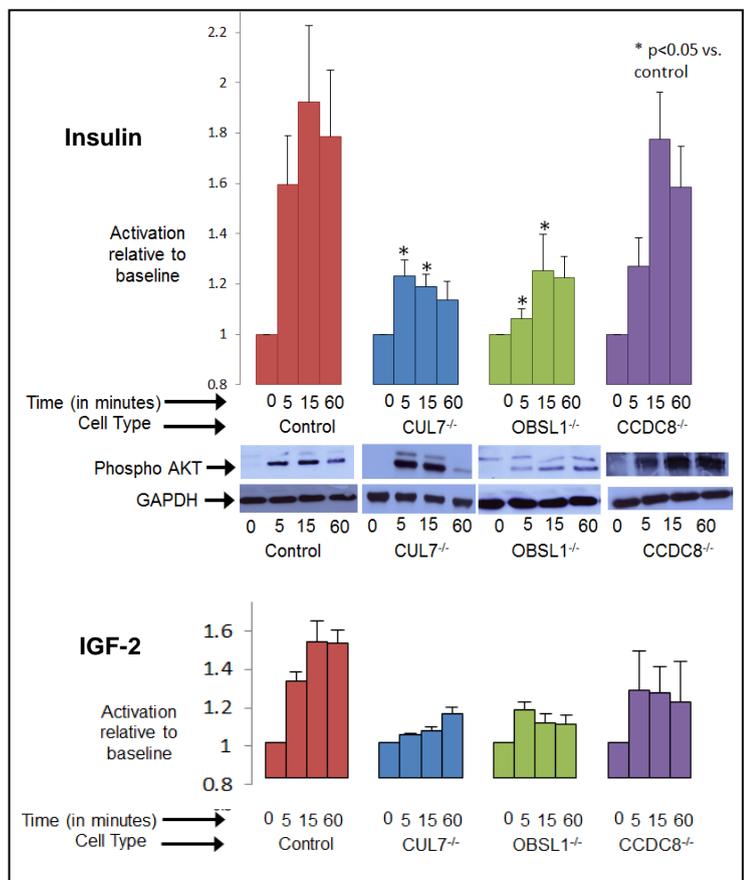


Fig. 2 AKT activation in response to Insulin and IGF-2 treatment.

Bars represent mean fold activation relative to untreated +/- standard errors.

Representative experimental blots are shown for Insulin.

## References

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