

# Pharmacokinetic / Pharmacodynamic Modeling of MOD 4023 (Long-Acting Human Growth Hormone) in Growth Hormone Deficient Children

Dennis M. Fisher, MD\*; Michal Jaron-Mendelson, PhD†; Leanne Amitzi, MSc†; Ronit Koren, PhD†; Gili Hart, PhD†

\*P Less Than, San Francisco; †OPKO Biologics, Nes Ziona, Israel

## INTRODUCTION

OPKO Biologics is developing long-acting versions of existing therapeutic proteins utilizing CTP technology. This technology fuses the C-terminus peptide of human chorionic gonadotropin (hCG) to one or both ends of a target protein. CTP technology has been validated clinically and proven as a safe and efficient way to increase the half-life of several therapeutic proteins while maintaining their biological activity.



MOD-4023, application of the CTP technology to human growth hormone (hGH), is being developed for the treatment of short stature in children. The goal is to develop a product that allows weekly dosing while maintaining a small clinically-tolerable injection volume.

Pharmacokinetic (PK) and pharmacodynamic (PD, based on IGF-1) characteristics of MOD-4023 have been studied in three clinical trials, one in healthy adults, one in GH-deficient adults, and one in GH-deficient children. Data from adults were used to develop and validate PK and PD models; these models were then applied to the data in children. The goal is to develop models to assist in dose selection, dose adjustment and design of clinical trials.

## METHODS: CLINICAL TRIAL DESIGNS

**CP-4-001:** 24 healthy adults received single subcutaneous (SC) injections of placebo (N=6) or 4, 7, or 21 mg MOD-4023 (N = 6/group). Samples (MOD-4023, IGF-1) were obtained through 14 days post-dose.

**CP-4-003:** 54 GH-deficient adults received weekly or every-other-week SC injections of MOD-4023 for 4 weeks. Doses ranged from 18.5%-123.4% of their weekly r-hGH dose. Samples were obtained for 7 days after dose 4.

**CP-4-004:** 52 Treatment-naïve GH-deficient children aged 3-11 years received SC MOD-4023 weekly (Figure 1) or r-HGH (N=11), 0.034 mg/kg, daily for up to one year. For MOD-4023, sparse samples were obtained after the second steady state dose (Figure 2) and at later timepoints. r-HGH was sampled after dose 1.

## METHODS: PHARMACOKINETIC / PHARMACODYNAMIC ANALYSIS

- Mixed-effects (population) methods with NONMEM (Icon Development Solutions) were needed because of sparse sampling in children
- PK model: Linear 2-compartment model with first-order absorption and absorption lag
- PD model:
  - Indirect model (Sun *et al.* JPET 1999; 289:1523-32) relates drug concentration to IGF-1 input (Figure 3); sigmoid Emax relationship between drug concentration and effect
  - Based on IGF-1 rather than IGF-1 SDS (IGF-1 SDS is non-linear function of IGF-1)
  - IGF-1 SDS values estimated using reference tables (Bidingmaier *et al.* J Clin Endocrinol Metab 2014; 99:1712)
- Body size, age, gender, organ function evaluated as covariates for all PK and PD parameters
- Results from optimal models used to evaluate accumulation, time to steady state, comparison to r-hGH

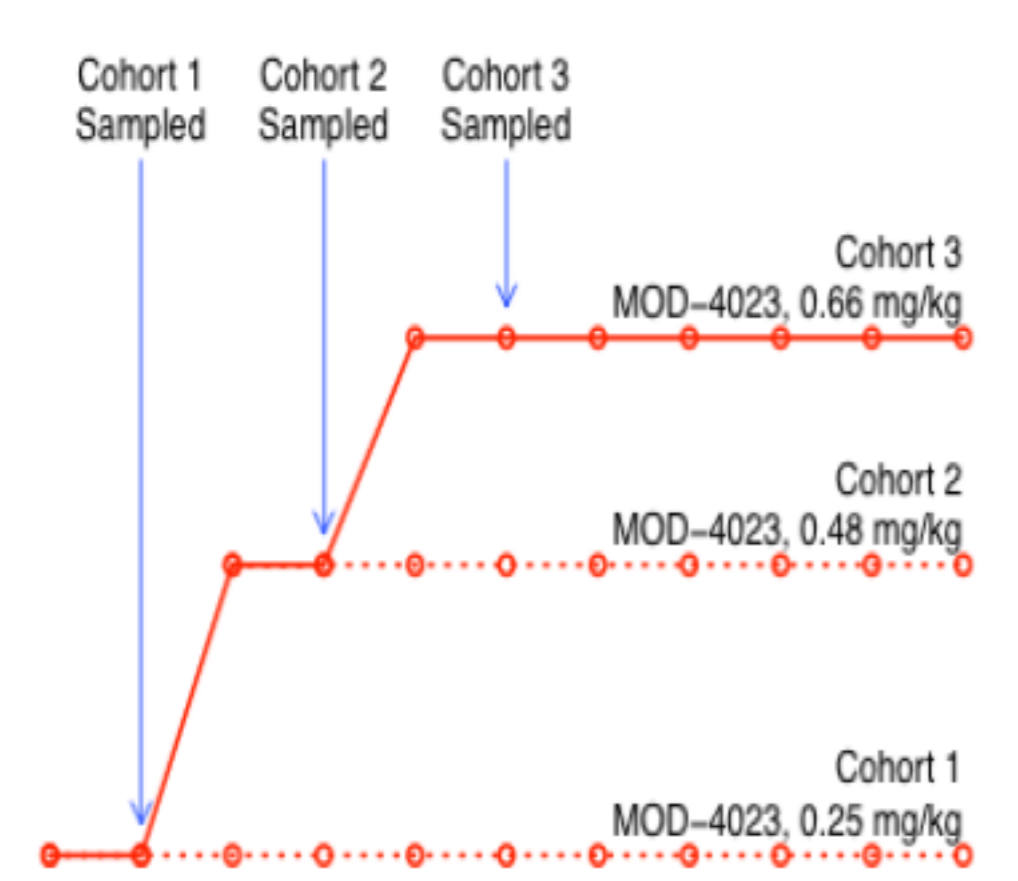


Figure 1. Dose escalation for MOD-4023.

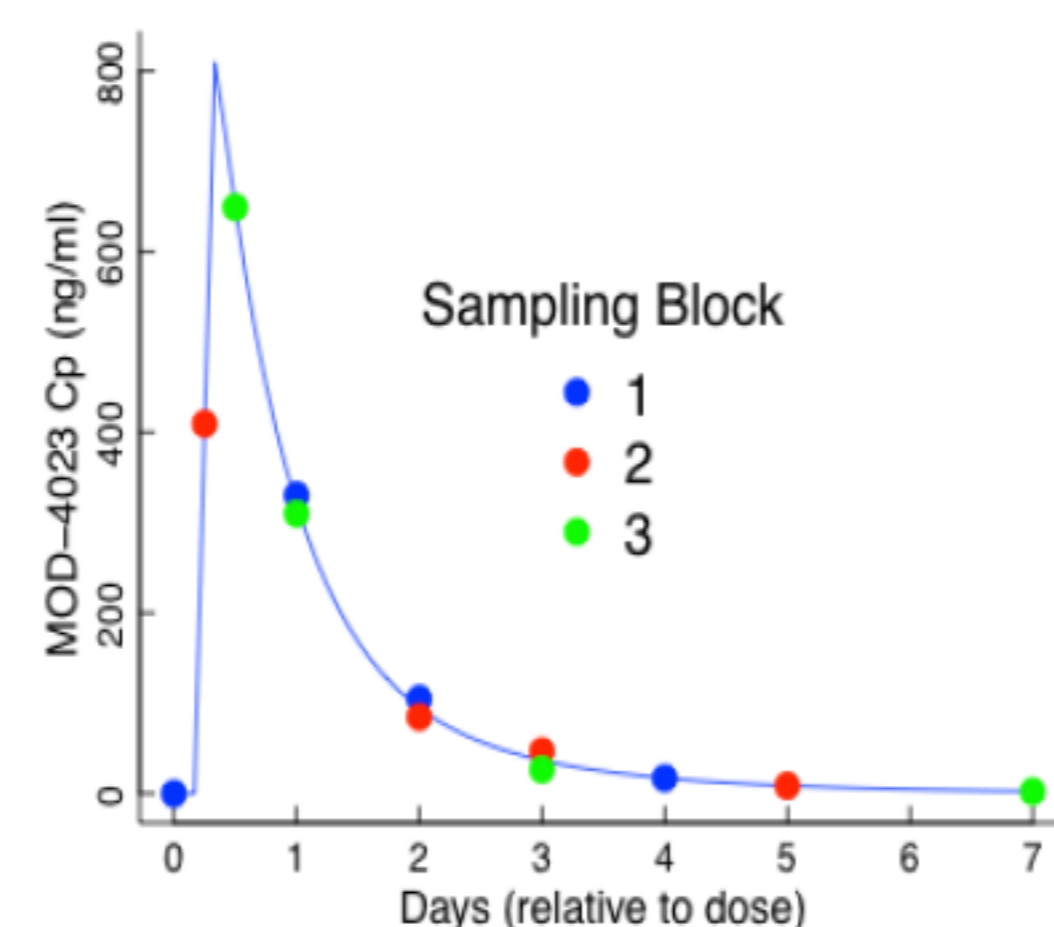


Figure 2. Sampling regimen for MOD-4023.

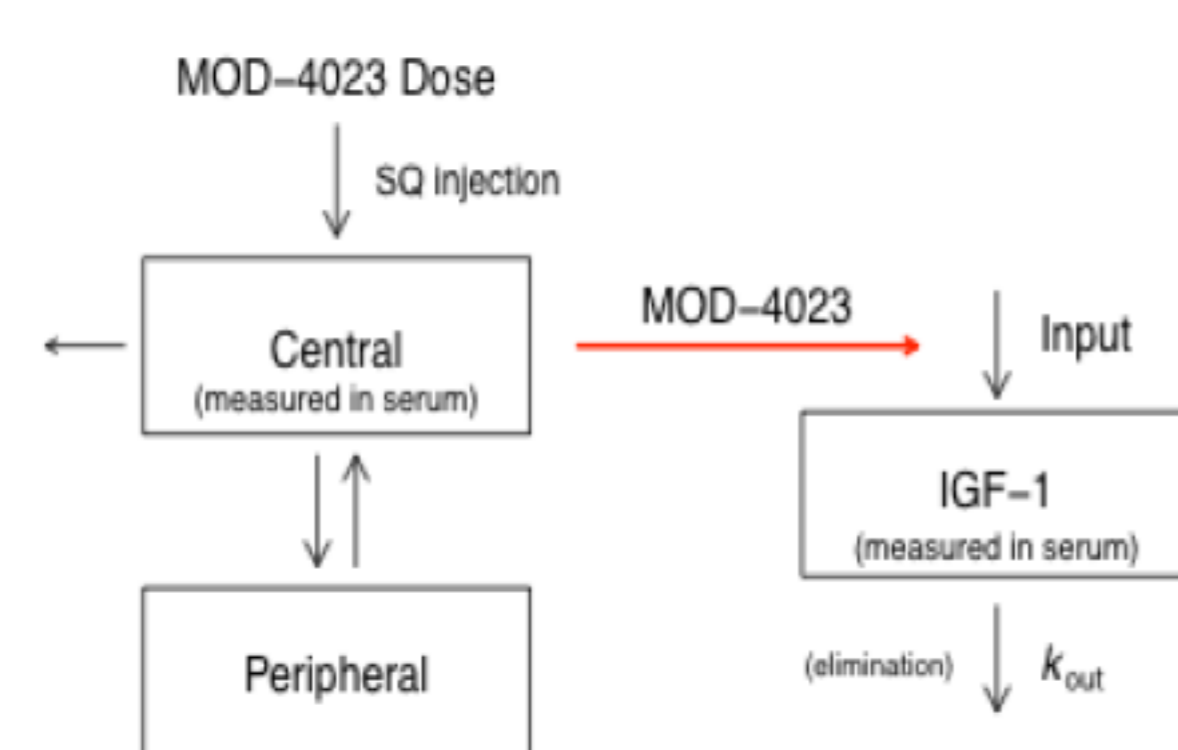


Figure 3. Indirect PK/PD Model.

## RESULTS

- Adults: Fit of the PK model to MOD-4023 and the PD model to IGF-1 was good-to-excellent (not shown)
- Children:
  - Fits generally good-to-excellent (Figure 4)
  - Weight-normalized approach preferred over allometric scaling (Figure 5)
  - Time-related change in PD (baseline IGF-1 increases over time) results in IGF-1 increasing over time (not shown)
  - Steady state conditions for PK reached by second dose; no accumulation (Figure 6)
  - Residence time of MOD-4023 markedly longer than r-hGH (Figure 7)
  - IGF-1 SDS values in Cohorts 2 and 3 stabilize around the target value of zero (not shown)

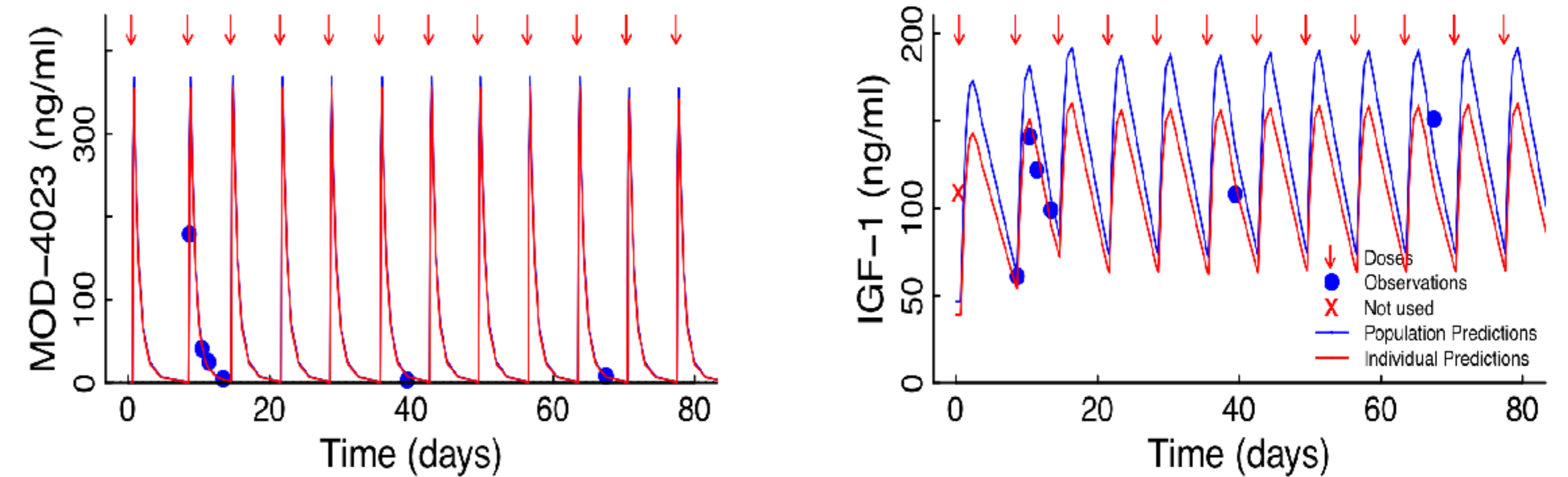


Figure 4. Representative fit of the models to the PK data (left) and PD data (right).

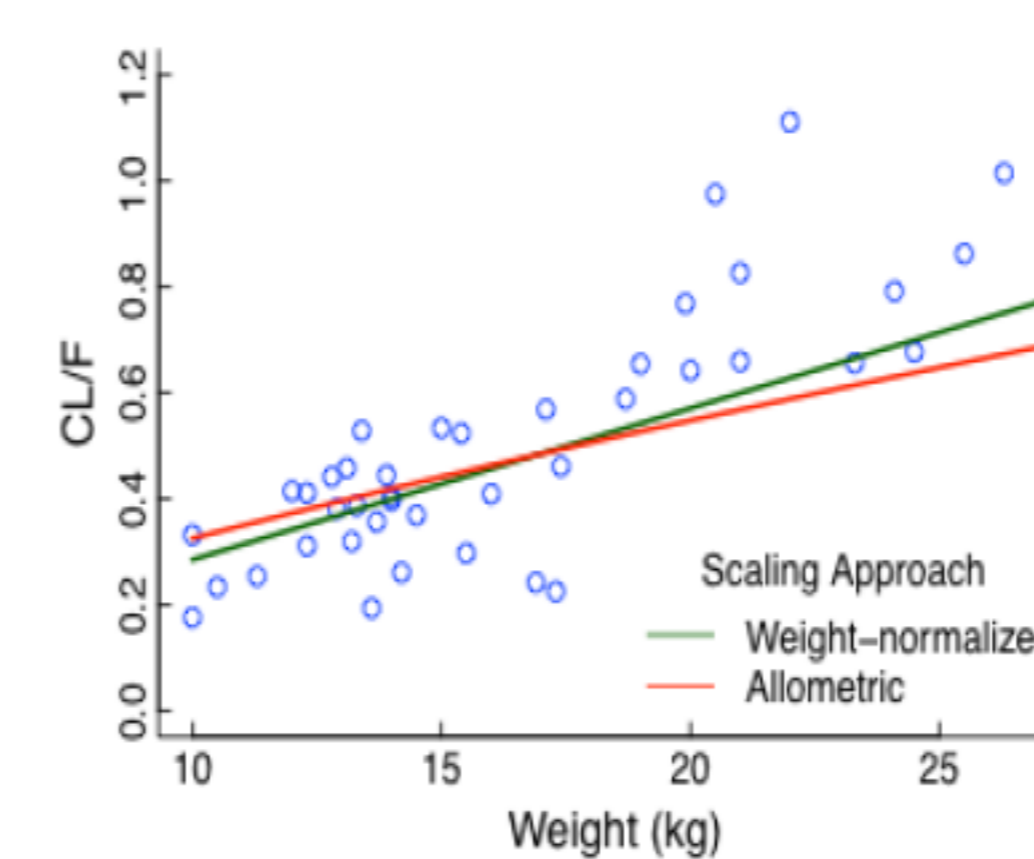


Figure 5. Post hoc (individual values) for apparent clearance are displayed against weight. The weight-normalized fit is preferred.

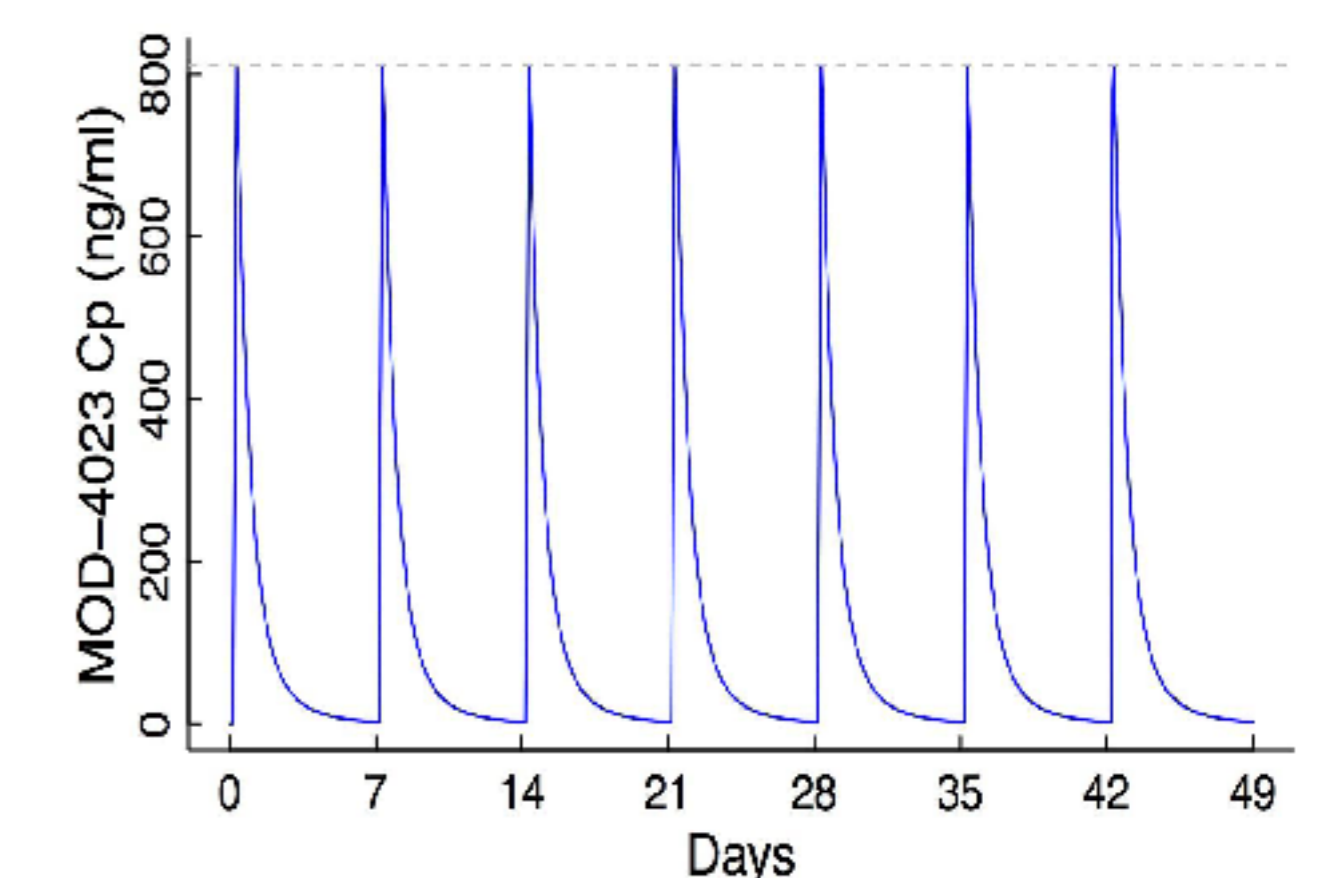


Figure 6. Simulations based on the optimal model for MOD-4023 show that steady state conditions are reached by the second dose and that there is no accumulation.

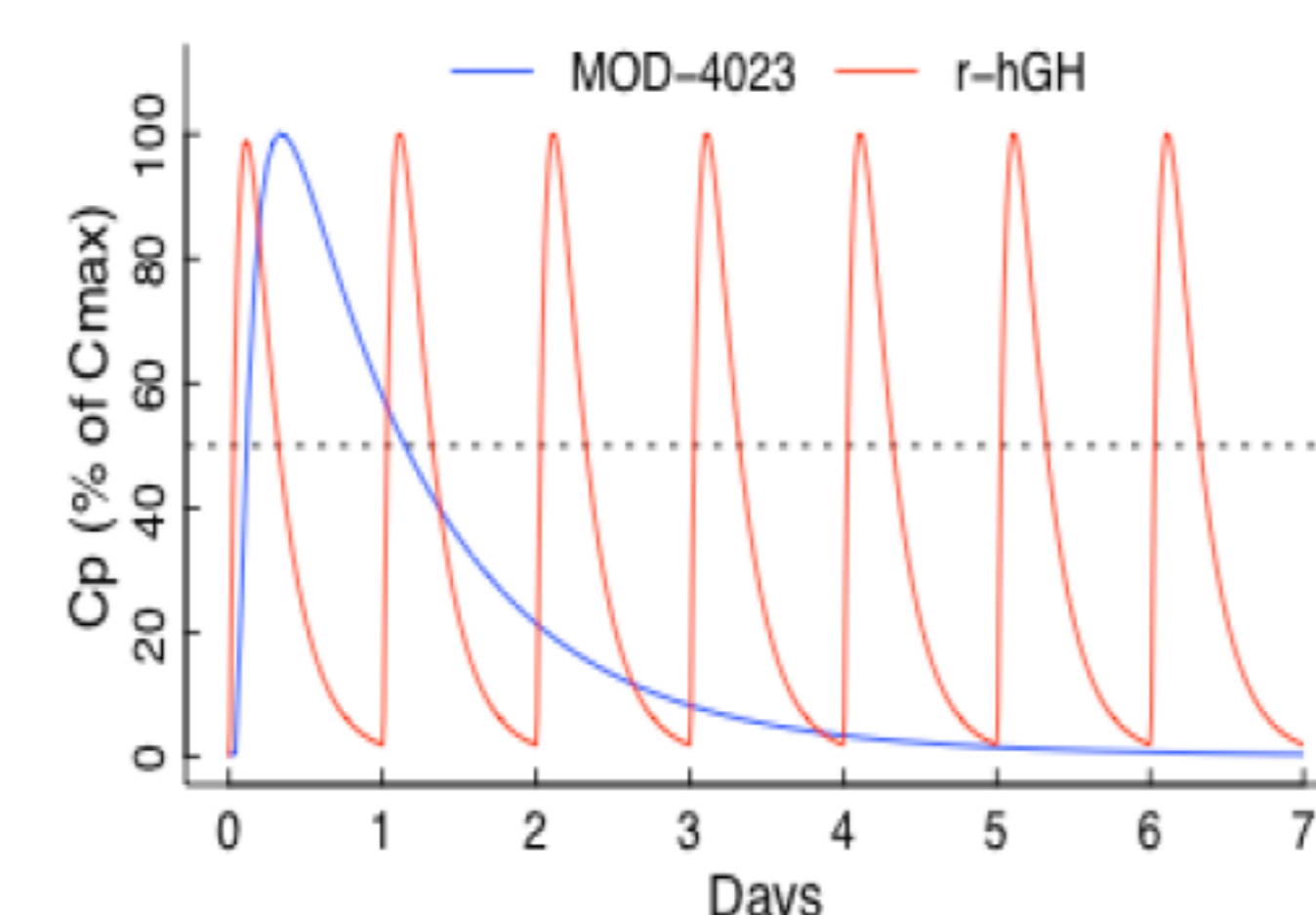


Figure 7. Simulations based on the optimal models for MOD-4023 and r-hGH show that residence time for MOD-4023 is markedly longer than that for r-hGH.

## CONCLUSIONS

- Weight-normalized dosing is appropriate to maintain comparable exposures in children over a range of weights
- MOD-4023 has a longer residence time than r-hGH, leading to a prolonged increase in IGF-1. This supports weekly dosing
- MOD-4023 reaches steady state rapidly with no accumulation
- IGF-1 SDS values stabilize around 0 (the target value) for the two higher MOD-4023 cohorts, comparable to daily r-hGH
- Model can guide dose adjustments in both Phase 3 and clinical practice and can aid in clinical trial design

