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Background



Thinning of scalp hair
Steroid acne
Plethora
Moon face
Buffalo hump

Figure 1: Facial symptoms of CS

- Cushing's syndrome (CS) often remains undiagnosed for extended periods of time causing serious harm to the body. Distinguishing CS patients from patients that show similar features without true hypercortisolism remains a challenge in clinical practice.
- CS causes typical changes of the face that show a morphological similarity to the metabolic syndrome. Pilot studies regarding the use facial image analysis software as a novel diagnostic tool in acromegaly and CS have shown promising results.
- In this follow-up study we evaluated the use of a facial image analysis tool in the diagnosis of CS with a larger cohort and included control subjects matched by BMI.

Methods

- Inclusion of n=82 (22 m., 60 f.) patients with confirmed CS (45 Cushing's disease, 21 adrenal CS, 12 iatrogenic CS, 4 ectopic CS)
- Inclusion of n=98 (32 m., 66 f.) control subjects matched by age, gender and BMI, with typical clinical signs (e.g. hypertension, diabetes, obesity) but biochemically excluded CS.
- Standardized frontal and profile facial photographs were acquired using a regular digital camera.
- Placement of 36 nodes on disease-relevant facial structures and analysis with the software tool FIDA (facial image diagnostic aid), using a combination of Gabor wavelet transformation and geometry analysis and a maximum likelihood classifier.
- Classification accuracies were calculated using a leave-one-one cross-validation procedure.



Figure 2: Set of nodes, front and side view

Results

	Women			Men		
	Patients (n=60)	Controls (n=66)	p	Patients (n=22)	Controls (n=32)	p
BMI (kg/m ²)	30,3 (sd ± 6,3)	32,5 (sd ± 7,4)	0,071	28,7 (sd ± 3,7)	30,9 (sd ± 5,0)	0,095
Age	50,6 (sd ± 12,9)	46,1 (sd ± 15,4)	0,080	53,35 (sd ± 12,9)	47,2 (sd ± 15,0)	0,127

Table 1: BMI and age of study cohort, mean and SD, compared with t-test.

	Patients	Controls	Combined
Women n=126	56,7%	64,2%	61,1%
Men n=54	45,5%	81,3%	66,7%

Table 2: Overall classification results.

	Men	Women	Combined
Cushing's disease n=45	50%	49%	48%
Adrenal CS n=21	38%	54%	49%
Iatrogenic CS n=12	67%	89%	83%

Table 3: Classification results by etiology of Cushing's syndrome. N=4 ectopic CS not separately evaluated.

Conclusions

- Regarding the advanced problem of detecting CS patients within a BMI-matched cohort, we have found a satisfying overall classification accuracy by facial image analysis.
- Classification accuracy was better for women and in the subgroup of iatrogenic CS cases, and worse for male patients with adrenal CS. This is most likely due to a varying severity of CS symptoms by etiology.
- Classification accuracy is most likely significantly higher in a study cohort with healthy control subjects.
- Further studies might pursue a different combination of nodes and equations used in the analyses for improving the method.

