AIP Mutation Causing Familial Pituitary Tumours
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Background
Familial isolated pituitary adenoma (FIPA) is an increasingly recognised cause of familial pituitary tumours with autosomal dominant inheritance. An increased population risk of AIP mutations has recently been reported in Northern Ireland 1. We present the cases of three siblings, with likely AIP related disease, attending different endocrinology clinics in Glasgow.

Patient 1
Patient 1 was referred, aged 47, with bitemporal hemianopia (Image B). Initial bloods demonstrated pan hypopituitarism with a prolactin of 199,490 mIU/l. MRI revealed a giant macroadenoma with suprasellar extension and secondary hydrocephalus (Image A). He was transferred to neurosurgery, but was managed medically. He remains on high-dose cabergoline 2 grams weekly, and full pituitary hormone replacement. Further imaging has shown a substantial reduction in tumour bulk (Image C).

Patient 2
Patient 2 was referred, aged 44. She has anxiety, treated with risperidone and paroxetine. She presented with secondary amenorrhoea. Prolactin 3000 mIU/l, remaining elevated following withdrawal of psychotropic medication. Pituitary function was otherwise normal. She was unable to tolerate MRI, but CT has shown an 8mm lesion. Imaging and prolactin levels have remained static with cabergoline 2g/week

Patient 3
Patient 3 was referred, aged 46. She also has anxiety and presented with galactorrhoea and secondary amenorrhoea. Prolactin was 4437 mIU/l, and remained elevated following withdrawal of citalopram. Pituitary function was otherwise normal. MRI showed two microadeomas: 9mm and 7.5mm. Cabergoline was initiated, however, compliance with treatment has been intermittent between 2007 – 2016, with recurrent galactorrhoea on cessation. Claustrophobia has made further imaging intolerable. Patient 3 mentioned her siblings were also attending clinics with pituitary adenomas, and subsequently tested positive for AIP mutation.

AIP-Mutated Familial Isolated Pituitary Adenoma
- AIP mutation present in 15 – 20% of FIPA
- Autosomal Dominant
- Penetrance 12.5 - 30%
- Onset between 2nd and 3rd decade
- Tend towards larger, more aggressive tumours
- Greater risk of apoplexy
- Respond less well to somatostatin analogues
- More likely to require radiotherapy
- Poor control of IGF-1 with pegvisomant in somatostatinomas

Conclusion
This family demonstrates three siblings with prolactinomas, and no other family history of endocrinopathry. As patient 3 has tested positive for AIP mutation, they were referred for genetic screening and counselling. These cases demonstrate the importance of obtaining an accurate family history and appropriate clinical and biochemical assessment of the index patient. Current data support the testing of AIP mutations in patients presenting with pituitary tumours at a young age, or with a family history of pituitary disease.

References
3. Image reference FIPA Patients Society 2017